# R3.4.5

Use the [HeaderFooterCollection.Item](http://www.aspose.com/documentation/.net-components/aspose.words-for-.net-and-java/aspose.words.headerfootercollection.item1.html) method to do something

Use the [HeaderFooterCollection.Item](http://www.aspose.com/documentation/.net-components/aspose.words-for-.net-and-java/aspose.words.headerfootercollection.item2.html) method to do something